

# CONVAIR WATERSKI CLUB

<http://www.ConvairWaterski.com/>



## TRIP LEADER GUIDE

JUNE 2017

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## 1. **INTRODUCTION**

**Thank You** for volunteering to lead a river trip. Your efforts are *greatly appreciated* by all.

This guide provides all the basic information you need to organize and lead a safe, fun, and successful trip. River trips are a significant source of club income. It is important to maximize river trip profits without compromising the experience. The most profitable trips are completely full with two boats. *You go for free if two boats are launched on your trip.*

Although not required, you have a great opportunity to add your personal touch to the total experience. Some trip leaders announce themes (Hawaiian shirts, silly hats, Halloween, campfire stories, etc.) or organized group activities (bocce ball, horse shoes, hikes, games, crafts, etc). Others provide their favorite Saturday snack (chilli, brats-n-kraut, BBQ chicken, etc). It's up to you...*have fun...go for it !!*

If you have questions, please contact a club officer. Contacts and great info is provided on our sites:

**Web site:** <http://www.ConvairWaterski.com/> **Newsletter:** <http://www.ConvairWaterski.com/newsletter.html>.

## 2. **LOCATION: Picacho State Park**

The primary river trip location is Picacho State Park. It is on the Colorado River about 25 miles north of I-8 on the California side. The skiing is *excellent* and desert scenery *breathtaking*. The drive is less than 4 hours from San Diego with the last 18 miles to camp being a *dirt road*. It is our primary river trip location because there are few boats due to its remote location. There are 54 primitive campsites each with a picnic table, fire ring, and variable shade. Near each camp site are portable potties, tap drinking water, and garbage cans. There are solar showers, and the ranger often has firewood. [http://www.parks.ca.gov/default.asp?page\\_id=641](http://www.parks.ca.gov/default.asp?page_id=641)

*Trip activities are run from the upper dock*, which is a short walk from most camp sites. Most drive to and park at the dock for the day. There are several tables and plenty of space to sun bathe or relax in shade. There is a boat ramp for easy wading and swimming. There are two portable potties, tap drinking water, garbage cans, grills, fire rings, and a fish cleaning sink. We ski from *dawn to dusk*. All meals and campfires are at the dock. *There is no overnight camping or overnight parking at the dock.*

## 3. **SCHEDULE: Spring & Fall & Special Events**

River trips are typically held every other weekend in the Spring (April - May) and Fall (September - October) when river weather is very nice. *River trips begin Saturday morning and end Sunday about 1:00 PM per launcher discretion*. Most people camp Friday and Saturday night. Campsite check-out is 12:00 noon. Schedules are posted in our newsletter, and on the website. "Special-Event" *Gila Monster & Polar Bears* trips are held in the middle of Summer & Winter respectively. Contact the Club President if you are interested in leading one !!

## 4. **TRIP SIGN UP & FEES**

Participants sign-up by sending a check to the Club Treasurer, made to *Convair Waterski Club*. The trip is *limited* to twenty-five (25) skiers if two boats are launched, and twelve (12) skiers if only one boat is launched. You need at least 8 skiers for a one boat trip, and at least 18 skiers for a two boat trip. Sign-up priority is *first come first serve* as determined by the trip leader and Club Treasurer, and subject to *drivers-per-skiers guidelines*. There is no limit to the number of non-skiers. A waitlist is maintained by the trip leader and Club Treasurer when any skier limit is exceeded.

*Trip fees are posted in our newsletter.* Fees cover skiing, and most foods and cooking/eating equipment for Saturday & Sunday breakfast and Saturday dinner. Participants must provide their own transportation, pay camp site fees, and bring their own camping gear, beverages, munchies, and *Saturday dinner entrée*.

Launchers pay no trip fees and are partially compensated for personal vehicle gas by the Club Treasurer. Launchers try to get their boat to the dock Friday night *so it available for club use Saturday morning for dawn runs*. If so, the launcher often takes limited use Friday night at Picacho and is gifted one boat hour to be deducted from his limited use costs. Trip participants at the dock Friday night may be invited to participate in the launchers' limited use per the *discretion and terms* of the launchers. The launcher is *not obligated* to facilitate skiing for any trip participants during his limited use Friday night, or Sunday after the trip. To go as a skier on a one boat trip, the second launcher must notify the Board and the Trip Leader that they want to do so before the first boat fills. He or she must then pay for the trip, and standard cancellation policy applies. His or her name is added to the first-boat roster upon payment.

Trip leaders pay no trip fees for two boat trips and one-half trip fees for one boat trips. Exception: The trip leader pays no fees for the first scheduled spring trip or the last scheduled fall trip. This *provides club members an incentive* to lead these low attendance trips, even if it ends up as a *one boat trip*.

Any child (under 14 years) can sign up as a Limited Child Skier. The child is limited to *3 runs per trip* to be taken between 9:00 AM and 4:00 PM. *The child must be sponsored on the trip by an adult club member who is responsible for ensuring the child follows Limited Child Skier rules.* The child is counted as ½ skier toward the total trip skier count. The fee for any Limited Child Skier is ½ the member skier rate as posted on the web site in the Dues & Fees document. [http://www.ConvairWaterski.com/documents/Dues\\_Fees.pdf](http://www.ConvairWaterski.com/documents/Dues_Fees.pdf)

## 5. CANCELLATIONS

*Participant cancellations can only be made by contacting the trip leader or Club Treasurer.* Those made at least 14 days *before the trip begins* qualify for a full refund. Cancellations made less than 14 days before the trip begins are non-refundable unless someone subsequently takes their place.

## 6. SKIERS & NON-SKIERS

Anyone signed up to ski or board on the river trip is a “skier”. Some skiers are club-approved “drivers”. Some drivers are club-approved “launchers”. Those participants who have only signed up for the food and fun are “non-skiers”. *NOTE:* If a boat is not full and there is no one waiting to ski, then non-skiers may ski per bay-skiing procedures and fees *at the launcher discretion*. *Please ensure all non-club members (guests) sign our liability release waiver form even if they are not skiing.* This is because they may board a boat as a non-skier (watch a friend, go on a float, etc.), and *risk liability to the club*.

## 7. LAUNCHERS

You need a *club approved launcher* for each boat on your trip. It is very important to secure the commitment of a launcher for each boat as early as possible. No launcher, no boat, no trip. You may ask board members which launchers you should contact.

The launcher schedule provides contact information:

[http://www.ConvairWaterski.com/documents/launcher\\_schedule.pdf](http://www.ConvairWaterski.com/documents/launcher_schedule.pdf)

The trip launchers are fully responsible for, and have full discretion of, their boat and all skiing operations throughout the trip. Launchers are friendly and usually can help you. Please secure two (2) launchers *immediately* and then work on the rest of your trip preparations. If you do not have two launchers two weeks prior to the trip, please call the Club President or Vice-President and ask for help. Launchers are key to a

successful trip. *Only club-approved launchers can tow club boats to the river.*

## 8. **DRIVERS**

It is very important to have plenty of club-approved drivers on your trip. Ideally, it is usually best to have more drivers than non-drivers. The club provides guidelines for the minimum drivers per total skiers below. These guidelines are intended to ensure that non-drivers have ample opportunity to ski without over-burdening drivers. Trip leaders are encouraged to *follow the guidelines as-best-as-possible*. Skiers signed up beyond the minimum driver guideline should be placed on a wait list until additional drivers sign up. The club roster identifies which members are club-approved drivers and launchers. If you need drivers, call and ask them to join *your fun trip*.

### **GUIDELINES FOR MINIMUM DRIVERS PER SKIERS**

**Please consult your launcher(s)**

#### **ONE (1) BOAT (8 - 12 skiers)**

Skiers	8	9	10	11	12
<u>Minimum Drivers</u>	4	4	4	5	5

#### **TWO (2) BOATS (18 - 25 skiers)**

Skiers	18	19	20	21	22	23	24	25
<u>Minimum Drivers</u>	8	8	9	9	10	10	11	11

The club *encourages* non-drivers to enroll in the club driver program.

Driving is fun and enhances your *opportunities* for premium skiing at the river and bay.

Drivers perform an *important service* for our club that is *greatly appreciated* by all.

## 9. **FOOD, EQUIPMENT & TRANSPORTATION**

The club supplies all cooking & eating equipment including grills, charcoal, lighter-fluid, propane stove, propane, plates, silverware, cooking utensils, cups, plates, napkins, lanterns, crates, coolers, dish soap, cleaning-pads, matches, etc. A week or so before your trip, but *after* the previous trip, go to the club shed to organize the crates and inventory consumables (see “Dry Storage Check List”). Do not over buy !! Do *not* buy Costco-sized dry goods. *Contact any club board member or launcher to gain access to the locked club shed.* Make sure the lanterns work (batteries/bulbs) and there are at least two propane tanks for the stove. Although the pots, utensils, silverware, etc. should be fairly clean, it’s suggested you check and clean them if required.

The club also supplies Saturday breakfast, Saturday dinner side-dishes (salad, potatoes, bread, etc), and Sunday breakfast. A standard list is provided below as a guide to buy for a trip of 25 people. Saturday breakfast is typically cold, and Sunday breakfast is typically hot. Feel free to mix and match, or be creative with alternate menus. Please minimize waste by scaling according to the total people on your trip.

NOTE: Participants provide their own coolers, ice, drinks, snacks, lunches, *and Saturday dinner entrée*. If possible, ask participants to bring firewood for bonfires both Friday and Saturday nights !!

The leader is responsible for purchasing, packing, and transporting club-supplied cooking & eating equipment, and food. Most leaders can not transport all supplies themselves. The coolers are large and heavy and must be transported by truck or SUV. Please call trip participants to get volunteers to transport supplies. Call them at least two weeks before the trip. *Do not wait until the last minute to coordinate this important activity.* Launchers *may* help transport a few items like grills.

Most leaders buy their food & ice and pack their coolers and crates Wednesday or Thursday before the trip. This allows the easiest hand-off to volunteers. If possible, have volunteers come to your house. If not, you may find a central location to distribute, or drop things off at their homes during the week. It is typically easiest to distribute the cooking equipment first, and the coolers and food last. NOTE: You and your volunteers must transport all club items back after the trip no later than the Tuesday following your trip to accommodate the next weekend.

NOTE: Saturday night dinner potatoes need to be prepared before the trip. It is typically easy to get a volunteer, since their pre-trip preparation counts as their weekend chore. Have them buy 10 lbs of regular potatoes, a small roll of foil, and a 7-lb bag of ice. Instruct them to wash them, poke them with a fork, wrap them in foil, and cook them in a pre-heated oven @ 400 F for one (1) hour on Thursday night. They need to remove them from the oven and let them cool for about an hour. Most refrigerate the potatoes until they leave. When bringing them to the river, they must place them in a plastic bag to keep them dry, and then in a cooler with the bag of ice on the bottom *so bacteria does not grow*. Ask them to save their receipts. You reimburse them at the river (~ \$20).

You can expect, for a two boat trip, to spend \$300 - \$400 for food, cooking & eating items, and \$200 – 250 for a one boat trip. Most people charge these expenses on their credit card and are reimbursed in plenty of time to pay their bill. The alternative is to contact the Club Treasurer and request a cash advance. *Be sure to save ALL receipts for all items you, or anyone else, bought for your river trip.*

## **10. BOATS, SKIS/BOARDS, & GAS**

Trip launchers are fully responsible for ensuring boats arrive at the dock with all appropriate skiing, boarding, boating equipment and gas. However, the launchers often need your help determining what to bring. Please ask your guests if they have their own skis, boards, vests, etc. Please find out what they need and tell your launchers ASAP (*No later than Wednesday before your trip*).

## **11. CAMPING**

Upon arrival at Picacho, all trip participants need to pick up a campsite fee envelope at the park entrance, fill in the information, and place the correct amount of money in it. They need to insert the envelope into the “Iron-Ranger” (drop box), and put the stub from the envelope on the dash of their car so Park Rangers can easily see it. Park Rangers will make the rounds and make cash-changes if necessary. Campsites are limited to two cars and eight people. Quiet time curfew in the general camp grounds is 8:00 PM.

Some leaders plan special events not suitable for the quiet camp grounds. These events are typically associated with Saturday night dinner and campfire activities. If you plan such an event, please contact the Picacho Rangers (760-996-2963) in advance to reserve the “Group Campsite” designated for “non-quiet” events.

## **12. SKIING OPERATIONS**

Skiing priority is first come, first serve basis similar to bay operations. The trip leader posts a clip board with a Skiing Sign Up Sheet on a shelter post each morning at the dock. The sign-up sheet has two columns for drivers, two columns for skiers, and multiple lines, each representing a boat load of skiers. You must be a club-approved driver to sign up in the driver column. Any skier can sign up in the skier column. Once a boat load goes out, that line is crossed off. The next available boat is assigned to the next line of drivers/skiers. No exceptions.

At any one time, a driver/skier can have their name on the list only once, and never when they are out on a boat. *The skier must be present* at the dock to have their name added to the skiing sign-up sheet. (i.e.: no sign-ups before you get there).

If one chooses not to go on their boat, or are not there when their boat is ready to leave, *they lose their spot and must sign up again at the bottom of the list*. Although not encouraged, *if all participants from each boat agree*, then skiers/drivers can swap places between boats. Under special circumstances, and *only if all participants in the boat agree*, a maximum of a fifth skier may be added to the boat as long the boat-capacity safety-limit is maintained. A five skier boat should expedite their between skiing activities to minimize disrupting subsequent boat and skier sequencing. The launcher has the final say on who goes in the boat they towed.

When skiers or drivers drop off the list, their boat is often short of required drivers or skiers to go out. If so, the next boat(s) may need to be rearranged. If this creates conflict, please ask the launchers for help. Please ensure that all effected skiers and drivers are aware of any changes to the list, and the list reflects it.

Occasionally, there may be a few lines of excess skiers with no drivers. If possible, see if a driver will volunteer to drive a boat load of skiers (dead-head) without skiing to relieve the list. NOTE: Drivers are not required to dead-head a boat-load of skiers. The skiers just have to wait for drivers to fill those positions. *Please follow the minimum driver guidelines to avert this issue*. Members are encouraged to become drivers.

*It is the trip leader's responsibility to ensure all non-members sign the waiver sheet before they board a club boat. No Exceptions*. Have waiver forms available with the Skiing Sign up Sheets. Return signed waivers with your trip report.

NOTE: The river is jointly governed by AZ and CA boating laws. Both define legal water skiing hours as sunrise to sunset and require running lights turned on between sunset and sunrise.

Link to AZ boating laws: <http://www.yumacountysheriff.org/AZBoatingLaws.htm>

Link at CA boating laws: <http://www.boatus.org/onlinecourse/statelaws/California.html>

### 13. **DUTIES**

The trip leader is responsible to ensure that all club cooking and cleaning activities are performed. A duty list has been provided below to help the leader assign duties to trip participants (*except leader & boat launchers*). It is suggested that leaders assign the duties according to the participant's skills and desires. The trip leader can assign any duty to any trip participant. Some leaders prefer to post a blank duty list and allow participants to sign-up for the duty they like. Post the menu so everyone knows what to do. Some leaders organize the coolers by meal, and tape the menus on top of the coolers. *In either case, it is the trip leader's responsibility to ensure that all club cooking and cleaning activities are properly performed in a timely manner*.

If possible, assign and inform participants of their duties before the trip. Be careful not to assign breakfast cooking duties to those who may sleep-in late. You should assign skilled duties to long-time members or those who have successfully done them before. The skilled duties are grill-starter, potato and garlic-bread warmers, and hot-breakfast chefs. You may want to assign clean-up to new participants with unknown skills. Post the "Duty List" somewhere visible so people know who is assigned to each duty. If someone does not show up for their duty, anyone can swap their own duty for it.

Grills should be started no sooner than one hour before sunset. Any sooner and the coals will be too cold for the last boat of skiers & launchers who secure boats. Once the grills are ready (30 min), the potatoes are cooked first. Place the grill rack directly on the coals and the potatoes on the rack. They need a lot of heat and time, and will not burn. The garlic bread can be placed on the potatoes. The potatoes and bread should be rotated every 10 minutes until done (~ 30 min).

**Important**: The dock must be cleaned-up and clear of all club and personal belongings at the end of each day.

#### **14. TRIP REPORT**

Please fill out a Trip Report including all, expenditures, receipts, and waiver sheets, and return it ASAP to the Club Treasurer for reimbursement. Please be well organized and concise. Tape the receipts to a blank sheet of paper in logical groups. The Trip Report form is an Excel spread sheet that does all the calculations for you !! It can be found on our web site in the “Leading a River Trip” section. Please contact the Cub Treasurer for help.

#### **15. ACCIDENTS & RANGERS**

Notify the Park Ranger immediately in case of an accident. The launchers are required to notify the Club President within four hours of any accident or within 24 hours of any encounter with any law enforcement agency. *The trip leader should do the same.*

#### **16. EMERGENCY PHONE NUMBERS**

NOTE: Cell phones typically do not work at Picacho. Coverage is typically lost half-way down Picacho road when you first enter the washes. There may be coverage at the tops of a few local hills. *But do not count on it.* The on-site ranger has forms of commutation in their trailer or in their vehicle.

Yuma Sheriff	(602) 783-4427
Yuma Proving Grounds Fire Department	(602) 382-2117
Fish and Game	(602) 344-3436
Picacho Ranger Cell Phone	(760) 996-2963
Picacho Information	(760) 393-3052
Martinez Lake	(602) 783-9589



# Convair Waterski Club

## River Trip Sign Up Form

Please fill out this form, attach a check made out to 'Convair Water Ski Club' for the full amount, and send to the trip leader's address listed in the newsletter. Please fill out a separate form for each river trip.

River Trip (Leader/Date): \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zipcode: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Pager: ( \_\_\_\_\_ ) \_\_\_\_\_

Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Fax: ( \_\_\_\_\_ ) \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ E-mail \_\_\_\_\_

Number of Skiers (see Newsletter for fee) --> Members: \_\_\_\_\_ Non-Members: \_\_\_\_\_

Number of Non-skier(s) (see Newsletter for fee) --> Members: \_\_\_\_\_ Non-Members: \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Special requests for trip (e.g. special skis, kneeboard, wakeboard, long bridle, directions, a ride or rider for carpooling, desire for group camp, etc.)? \_\_\_\_\_

## Waiver (Must be Signed by all Non-Members!!!)

I assume and understand that water-skiing is a potentially hazardous sport, that equipment failures occur from time to time without warning, and that variations in wind and water conditions, boat traffic, submerged obstructions, and other hazards to water-skiing exist. In using Convair Water Ski Club (CWSC) equipment or facilities or participating in any CWSC activities, I recognize and accept such dangers, and assume full responsibility for such risks, and hold CWSC and/or their officers, employees, volunteers or agents harmless against any and all bodily injury, and/or property damage resulting from such risks.

If the member/guest is a minor (below the age of 18), both the minor and his/her lawful custodial parent/parents/guardians, must sign below. The undersigned parent/guardian additionally warrants that they have sole right to determine the risk and grant permission for the minor to participate.

1) Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

2) Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

3) Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

4) Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Minor(s) signed for (Print names): \_\_\_\_\_

# **DRY GOODS CHECK LIST**

<b>Condiments &amp; Stuff</b>	<b>Approximate Sizes &amp; Quantities</b>	<b>Checklist</b>
Ground Coffee (do <i>not</i> get instant)	1 lbs Medium Roast (75+ cups)	
Coffee Filters (large basket)	25+ Filters	
Hot Chocolate Drink Mix	25+ Individual Packs	
Tea Bags	25+ Individual Packs	
Sugar (Regular)	50+ Individual Packs In Baggie	
Sugar (Artificial)	50+ Individual Packs In Baggie	
Creamer	1 Liquid Bottle (12+ oz Coffee Mate)	
Vegetable Oil	1 Small Bottle	
Salt & Pepper	1 Small Shaker (each at least ½ full)	
Garlic Powder	1 Small Jar (if required for Garlic Bread)	

<b>Paper Products</b>	<b>Approximate Sizes &amp; Quantities</b>	<b>Checklist</b>
Plastic Cups (milk, juice, beverages)	100 (large)	
Foam Cups (Hot Drinks)	100 (medium)	
Plates (heavy cardboard, <i>not</i> plastic)	100 (large)	
Bowls (heavy cardboard, <i>not</i> plastic)	50 (medium)	
Paper Towels	3+ Rolls	
Napkins	100	
Zip-Lock Bags	20+ (quart size)	

<b>General Use</b>	<b>Approximate Sizes &amp; Quantities</b>	<b>Checklist</b>
Dish Soap	1 Big Bottle	
Sponges With Scouring Pads	3+	
Aluminum Foil	1 Large Roll	
Large Trash Bags	1 Dozen (33 gallon)	
Long Handle Lighter	1	
Kitchen <u>Stick</u> Matches	1 Medium Box (At Least ½ Full)	
<u>Regular</u> Charcoal ( <i>not self start</i> )	15+ lbs ( <u>Kingsford only</u> – 10 lbs blue bags)	
Charcoal Lighter fluid	1 Can ( <u>Kingsford only</u> - at least ½ full)	

<b>Equipment</b>	<b>Approximate Sizes &amp; Quantities</b>	<b>Checklist</b>
Pots & Skillets	All Available	
Cutting Boards	All Available	
Stove (propane)	1	
Propane	2 Cylinders	
Lanterns (battery)	2	
Bulbs For Lanterns	Make Sure Lanterns/Bulbs Work	
Batteries For Lanterns	1 Full Set Of Extras For 1 Lantern	
Silverware Tub	Check For Utensils And Knives	
Grills	4+ Grills (check holes, legs, & racks)	
<u>Coolers</u>	<u>Both Huge Club Coolers</u>	

# SHOPPING LISTS

River trips provide substantial club income...*Please be thrifty*

## QUANTITIES BASED ON 25 PEOPLE

Adjust quantity to number of people

ITEM	QUANTITY	CHECK
<b>HOT BREAKFASTS</b> ( <i>Sunday Morning</i> )		
<b><u>Machaca Burritos:</u></b>		
Bell Peppers	4 green, 2 red	_____
Red Onions	2 large red	_____
Canned Beef	Four to Six 12oz cans	_____
Eggs	3 <u>dozen</u>	_____
Salsa (one medium, one hot)	16+ oz (jar <i>or</i> tub <u>each</u> )	_____
Cheese – Shredded Cheddar	1 - 2 pounds	_____
Avocados ( <i>sliced in side dish bowl</i> )	2+ (only if good & ripe)	_____
Cilantro ( <i>remove stems in side dish bowl</i> )	1 small bunch	_____
Flour Tortillas ( <u>not</u> corn)	4 <u>dozen</u> (10+ inch)	_____
 <b><u>Cooking:</u></b> Sautee 1/3 onion, 2/3 green & 1/3 red peppers in oil. Add 1-can of <u>drained</u> beef. <u>Fully heat all, before</u> adding 6 eggs. Mix/cook. Makes 4 to 6 batches. <i>Cook some batches with eggs separate.</i>		
 <b><u>Other Club Favorites:</u></b> <i>shop accordingly</i>		
Egg Muffins (English muffins, eggs, Canadian bacon cheese)		
Country Potatoes ( <i>grill extra potatoes from Saturday dinner + green peppers and onions</i> )		
Cheesy Eggs (scrambled & cheese...can add sautéed onion, bell pepper and/or meats)		
French Toast & Pancakes (bread, eggs, pre-mix batter, syrup)		
 <b>COLD BREAKFAST</b> ( <i>Both Mornings</i> )		
Cereal ( <i>3 dozen variety pack</i> )	36 servings	_____
Bagels ( <i>variety</i> )	3 dozen (total)	_____
Soft Cream Cheese	1 large tub	_____
Margarine	1 large or two small tubs	_____
Sweet Rolls <u>and/or</u> Muffins	3 dozen (total)	_____
Orange and/or Apple juice	four 12-oz frozen concentrate	_____
Milk	1 gallon	_____
 <b><u>Fruit Salad</u></b> ( <i>Primarily Saturday with leftovers for Sunday</i> )		
Apples ( <i>variety</i> )	6 – 8 (total)	_____
Oranges and/or Tangerines	6 – 8 (total)	_____
Bananas	8 - 10	_____
Honeydew Melon	1	_____
Cantaloupe	1	_____
Peaches and/or Nectarines	4 – 6 (total)	_____
Strawberries	2 baskets	_____
Grapes ( <i>variety bunches</i> )	1 - 2 (total)	_____
Pears	4 - 6	_____
Pineapple	1	_____
Watermelon	1/2	_____
Yogurt ( <i>8 ounce variety</i> )	12 - 14	_____

ITEM	QUANTITY	CHECK
<b>DINNER</b>		
<b><u>Salad Ingredients:</u></b>		
Lettuce ( <i>variety of heads and/or bunches</i> )	4 – 5 total	_____
Tomatoes	6 Roma	_____
Green onions ( <i>Sat. night &amp; Sun. morn potatoes</i> )	2 bunches	_____
Carrots	1 large bag	_____
Green & Red peppers ( <i>Sat. salad/ Sun. potatoes</i> )	4 green & 4 red	_____
Celery	1 large bag	_____
Mushrooms	1 lb	_____
Cucumbers	3 each	_____
Dressing (Ranch, Italian, B-Cheese, vinaigrette)	Four 16-oz bottles	_____
Croutons	1-2 boxes	_____
<b><u>Optional:</u></b>		
Avocadoes (slices in side dish bowl)	2+ (only if <i>good &amp; ripe</i> )	_____
Red Onion (diced in side dish bowl)	1 large	_____
Raisins	1 medium box	_____
Potatoes ( <i>pre-cooked, assign as a chore</i> )	1 per person ( <i>see note</i> )	_____
Sour Cream ( <i>Sat. night and Sun. morn potatoes</i> )	2 tubs	_____
Garlic Bread ( <i>buy already prepared in foil bag</i> )	4 - 5 loaves ( <i>see note</i> )	_____
<b><u>MISCELLANEOUS</u></b>		
<b><u>Ice: Four Blocks</u></b> ... <i>do not forget !!!</i>	<b><u>2 blocks for each cooler</u></b>	_____
<u>Water for Coffee</u>	<u>5 gal (two 2.5gal jugs)</u>	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____

**NOTE:** It is suggested to buy prepared garlic bread wrapped in foil. This is a one person warm the bread trip duty if you buy the bread buy prepared garlic bread wrapped in foil as advised... However, if you need to buy regular French bread for whatever reason, use garlic spread or garlic powder (not garlic salt) and extra butter and extra aluminum foil to wrap the garlic bread. This creates an extra “pre-prepare the garlic bread” duty not listed on the duty sheet.

**NOTE:** Potato pre-trip duty: 1 club member prepares and cooks the potatoes the Thursday before the trip & store in ice chest out of melted ice. PRE COOK POTATOES: clean, wrap in aluminum foil and cook @ 400 F for one (1) hour. Member is reimbursed for potatoes. Assign warming them Saturday night to someone else.  
**Be sure to pack left-over potatoes in zip-lock bags and store in cooler for Sunday Breakfast !!**

# **DUTY LIST**

## **CONVAIR WATERSKI CLUB RIVER TRIPS**

(Assign each participant two duties one boat trip)

NAME	Meal	DUTY ASSIGNMENT
1	NA	Leader
2	NA	Launcher - 1
3	NA	Launcher - 2
4	NA	Gas Monitor ( <i>two boat trip only</i> )
5	Saturday Breakfast	Fruit Salad - 1
6	Saturday Breakfast	Fruit Salad - 2
7	Saturday Breakfast	Fruit Salad - 3
8	Saturday Breakfast	Clean-Up
9	Saturday Pre-Dinner	Clean-Up ( <i>two boat trip only</i> )
10	Saturday Dinner	Set-Up/Start Grills ( <i>1 hr before dusk</i> )
11	Saturday Dinner	Salad - 1
12	Saturday Dinner	Salad - 2
13	Saturday Dinner	Salad - 3
14	Saturday Dinner	Pre-Cook ( <i>at home</i> ) & Bring Potatoes
15	Saturday Dinner	Warm Pre-Cooked Potatoes
16	Saturday Dinner	Warm Prepared Garlic Bread
17	Saturday Dinner	Clean-Up - 1
18	Saturday Dinner	Clean-Up - 2
19	Saturday Dinner	Clean-Up - 3
20	Saturday Dinner	Empty Grills & Put Away
21	Sunday Breakfast	Prep & Cook - 1
22	Sunday Breakfast	Prep & Cook - 2
23	Sunday Breakfast	Prep & Cook - 3
24	Sunday Breakfast	Clean-Up - 1
25	Sunday Breakfast	Clean-Up - 2
26		
27		
28		
29		
30		

## **SKIING SIGN-UP SHEET**

Drivers only in the driver column. *Drivers or Skiers in skier column.* Once a boat goes out, cross out that line. The next boat back is assigned to the next line of drivers/skiers with no exceptions. If one chooses not to go on that boat, or is not present before boat is loaded, *they lose their spot and must sign up again at the bottom of the list.* Skiers/drivers can swap places between boats *only if all participants from each boat agree.* A fifth skier can be added on the boat *only if all participants in the boat agree.* Please expedite on-board activities to maximize skiing. The skier *must be present* when their name is written on the list, and their name can only appear once on the list at any one time. Trip launchers can bump on to any boat at any time. *All non-members MUST sign the waiver sheet BEFORE they ski with no exceptions.*

	DRIVER-1	DRIVER-2	SKIER-1	SKIER-2
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

# CAMPING GUIDELINE

*For new and non-members*



**GENERAL** The club sponsors excellent river trips to the Colorado River!! Typically, there are five in the Spring and five in the Fall. “Special Event” trips requiring additional housing may occur in middle of the “ouch-hot” summer (Gila Monster Trip), or middle of the “brrr-cold” winter (Polar Bear Trip). Trip dates, along with the trip leader’s name and address are published in the monthly newsletter. To sign up for a trip, mail a check (made payable to Convair Water-ski Club) for the appropriate amount and send to the Club Treasurer for the particular river trip. Mail it as soon as possible since it is on a first come first serve. Maximum skiers per trip are 25, and may be less due to various limitations. Cancellations made less than 14 days before the trip begins are non-refundable unless someone

subsequently takes your place. The trip fees are determined by the Executive Board and published in the monthly newsletter. If you like, contact the Club Treasurer to confirm your place on the trip. If you would like to carpool or need a ride, contact the Club Treasurer who may be able to give you contact information for people in your area.

## DIRECTIONS TO PICACHO STATE PARK (see map)

Take I-8 East past El Centro (a great rest stop) and continue east until you reach the Winterhaven/4th Avenue exit (do not get off at the first Winterhaven exit). It’s about 160 miles from San Diego. Make a left and go about 3/4 mile. Make a right onto S-24 (Picacho Rd) and then a left under the railroad trestle. Follow S-24 (Picacho Rd), about five miles. S-24 will make a sharp right, but Picacho Rd will continue on straight. Go straight staying on Picacho Rd for another mile where it turns into a dirt road. At this point you will go 100 ft up a small hill and make a right at the All-American Canal. Make a left over the canal, and follow the dirt road until you reach the camp grounds (about 18 miles). The first half of the road is mostly mesa and safe speeds range from 25 – 55 mile per hour depending on your vehicle and road conditions. The second half is a mixture of mesa, ridges and washes with a few dangerous sharp turns...with drop-offs. It’s a beautiful drive, but the wash-board road can be



rough and safe speeds are usually between 15 and 35 miles per hour. Keep your momentum up through sandy areas. Please be careful...especially at night. At the entrance to Picacho, pick up an envelope, fill it out, put in your camping fee and place in receptacle where posted. Place the stub on your dashboard. Most either find a campsite immediately, or go to the dock to see who’s at the bon-fire, and then find a campsite. There are fewer mosquitos away from the river. Be sure to get some good sleep so you can wake up early and ski the *best water in the morning*.

## SKIING AT PICACHO

The ski boats will arrive either Friday evening or early Saturday morning. If you’re at the dock when they arrive please help to empty the boats of gas cans and club equipment.

River trips begin Saturday at dawn and end Sunday about 1:00 PM. We ski dawn to dusk. When you wake, pack your vehicle with your coolers, skis, chairs, etc. and *go to the dock for the day*. Skiing is on a rotational basis; a sign-up sheet and waiver release will be posted at the dock. Write in your name in a skier column for the next available boat, and sign a waiver release. These trips are designed for maximum skiing, fun and relaxation.

River floats are a highlight (bring floating toys or just a ski vest will do). Saturday night the ski group gets together for dinner typically at the dock. Skiers provide their own meat and beverages (not necessarily in that order). The club provides a delicious salad, bread, baked potatoes with all the fixings and barbecue grills to cook on. A bonfire follows. *Please bring firewood if you can.*

On Sunday, the rangers request you vacate your campsite by Noon. If you choose to stay at the dock after 2 PM, the rangers will collect \$5.00 for day use.

## **WHAT TO PACK**

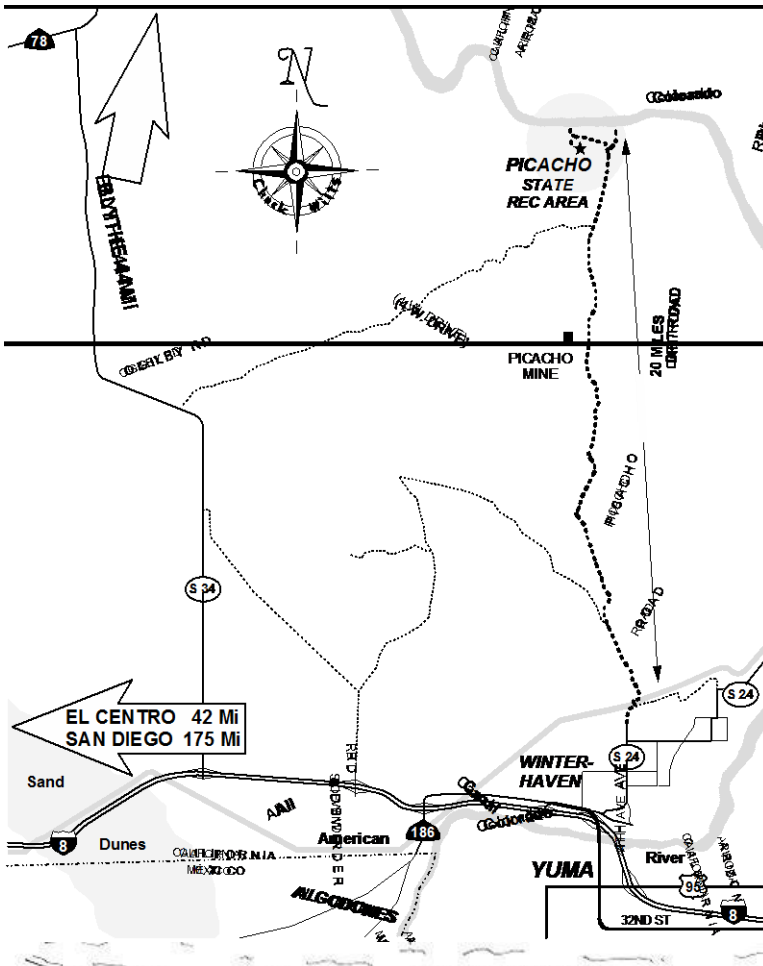
Picacho has great campsites, but they are primitive. They have portable potties, drinking water faucets, and solar showers. *It is not the Hilton.* Use the list below to help decide what to pack to be comfortable.

1. **Tent** – unless you sleep in a van or truck, or have a mosquito net. Stake your tent down !!!
2. **Sleeping Bag** - it can get *relatively cold* at night.
3. **Air Mattress or Hiking Pad** - the ground is pretty hard.
4. **Mosquito Repellent** – Mosquitos can be thick. There are fewer mosquitos as you move away from the river.
5. **Clothes and Bathing Suits/ Trunks** - sufficient for three days and two nights. Bring a warm jacket and long pants or sweats, and shoes & socks for evening as it can get cold.
6. **Personal Hygiene Items**- no electricity.
7. **Chap Stick and Sun block** – Whatever you prefer, but bring some of 30 SPF or higher.
8. **Beach Chair and Towel**: Bring a comfortable beach/park chair...picnic tables have cement seats...
9. **Flashlight** – Great for a midnight stroll to the outhouse...a must have...
10. **Hat or Visor and Sunglasses** - ...*sunglasses are a must have*...
11. **Bathing Suit, Skis, Vest, Wetsuit, Float Toys** - unless you want to ski barefoot, cold, and naked. Notify the leader if you need special equipment such as for small children, or novice skiers.
12. **Light Bed Sheet**- Sheets will keep you cool on a hot night.
13. **Spray Bottle** – To cool you off...if it gets really hot...
14. **Cooler** - Don't forget plenty of ice!! 1 block and 1 bag 1 recommended...
15. **Food** - Bring lunch, snacks and meat for dinner Saturday night.
16. **Drinks** - bring anything you wish to drink for the weekend. Orange juice is usually served in the mornings along with coffee and hot chocolate. Lots of water recommended. Some share their favorite beverages. It's a great way to meet club members...especially the leader and launchers !! *Go have some fun !!*





## DIRECTIONS TO PICACHO STATE PARK



From San Diego, take I-8 East about 160 miles to the first Yuma exit Winterhaven/4<sup>th</sup> (Not the first Winterhaven exit). Make a left and go about 3/4 mile. Make a right onto S-24 (Picacho Rd) and then a left under the railroad trestle. Follow S-24 (Picacho Rd), about five miles. S-24 will make a sharp right, but Picacho Rd will continue on. Go straight staying on Picacho Rd for another mile where it turns into a dirt road. You will then go 100 ft up a small hill and make a right at All-American Canal. Make a left over the canal, and follow the dirt road until you reach camp grounds (about 18 miles). The first half of the road is mostly mesa and safe speeds 25 – 55 mpr depending on vehicle and road conditions. The second half is a mixture of mesa, ridges and washes with a few dangerous sharp turns...with drop-offs. It's a beautiful drive, but the wash-board road can be rough and safe speeds are 15 - 35 mpr. Keep your momentum up through sandy areas. Be careful...especially at night. At Picacho entrance, pick up and fill out an envelope, put in your camping fee and place in receptacle where posted. Put the stub on your dashboard. Most either find a campsite, or go to the dock to see who's at the bon-fire, and then find a campsite. There are fewer mosquitos away from the river. Be sure to get good sleep so you can wake up early and ski the *best water in the morning*.

